

AFTER THE WONDERFUL TRAINING OF "IT'S TIME TO BE FILL

AFTER THE WONDERFUL TRAINING OF "IT'S TIME TO BE FILLED!!! Each day of the 31 DAYS of a VICTORIOUS MINDSET, we as a family will focus specifically on the MINDSET of FAITH, STRENGTH, COURAGE, and the PEACE OF GOD.

As Christians, we should continually rise higher. That's right - WE are called to grow through the Scriptures, in our thoughts, in the way we live, and in the direction, we pursue



on the provided scriptures, engage in self-examination, and answer the questions to inspire Kingdom-minded thinking.

FOOD FOR THOUGHT:



1 Corinthians 2:16

For who has understood the mind of the Lord so as to instruct him? But we have the mind of Christ.

We have his mind! We have the spirit of God in us, which knows the depths of God.

Apostle Paul alludes to the question from **Isaiah 40:13 (KJV)** Who hath directed the Spirit of the LORD, or being His counsellor hath taught him?

Shaping a victorious mindset because it reminds us that as believers, we no longer think as the world thinks. We have been given the mind of Christ.

HERE'S HOW THIS APPLIES:

1. A Victorious Mindset Comes from Divine Understanding

- Without Christ, we rely on human reasoning, which is limited.
- With the mind of Christ, we can see life through God's perspective—full of faith, wisdom, and victory rather than fear and defeat.
- Worldly doubts, anxieties, or negative thinking no longer bind us. You are free.

2. The Mind of Christ Brings Clarity and Confidence

- Jesus never walked in fear, worry, or doubt—He walked in authority and purpose. These attributes are chosen.
- If we have His mind, we can think like Him—boldly, victoriously, and with unwavering faith.
- Instead of reacting to struggles with defeat, we respond with faith and trust in God's plan.

3. The Mind of Christ is Rooted in God's Truth, Not Emotions

- The world operates based on feelings and circumstances; the mind of Christ is rooted in God's eternal truth.
- When faced with trials, instead of thinking, "I can't do this", we declare:

SAY DAILY

"I can do all things through Christ" (Philippians 4:13).

"No weapon formed against me shall prosper" (Isaiah 54:17).

"God's plans for me are good" (Jeremiah 29:11).

4. We Have Victory Because Christ Has Victory

- Jesus conquered sin, death, and the grave—He is victorious. So, we are victorious.
- If we have His mind, we are not defeated people. We are more than conquerors (Romans 8:37).
- We stop living as victims and start walking as victorious in Christ.

5. A Transformed Mind Leads to a Transformed Life

- When you think differently, you live differently.
- If you truly believe you have the mind of Christ, your decisions, actions, and words will reflect faith, courage, and victory.
- The more you align your thinking with Christ's, the more you experience His power and peace in your life!

DECLARE:

"I have the mind of Christ! I think like Jesus, speak like Jesus, and walk in victory. I reject fear, doubt, and negativity. My mindset is strong, bold, and faith-filled because I see life through God's truth!"

K – Keep Developing your Mind in Christ

N – Nurture the wisdom of God and His peace

O – Open your heart and Mind to His word

W – Walk in truth every second of the Day

PHILIPPIANS 2:5-8

Let this mind be in you which was also in Christ Jesus

This passage encourages us to have the same mind that Christ has.

MIND = GREEK [voῦς noûs, nooce]

→ Your intellect

i.e. mind (divine or human; in thought, feeling, or will);

Meaning - mind, understanding.

Applying the scripture:

Jesus died for us so that he might live in us so that our lives are now in union with Jesus and that we have His mind.

- M Meditate on truth
- I Inspire positive thinking
- N Nurture wisdom
- D Discern God's direction

EACH DAY WILL INCLUDE:

- 1. Theme Faith, Strength, Courage, Peace
- 2. Scripture Bible verse for meditation
- 3. Commentary For teaching or reflection
- 4. Questions Self-reflection or discussion prompts
- 5. Prayer & declaration



WEEKLY FOCUS FOR THE BIBLE STUDY

Each Bible study session will align with a weekly focus to reinforce daily teachings:

March 5

Establishing a Mindset of Victory

Faith & Identity in Christ

March 12

Overcoming Obstacles & Fear

Spiritual Warfare & Trusting God

March 19

Strengthening Your Spirit

Prayer, Word, & Worship

March 26

Walking in Daily Victory

Applying Biblical Principles

ESTABLISHING A MINDSET OF VICTORY

Focus: Faith & Identity in Christ

The Foundation of Victory

Scripture: Romans 8:37: Romans 8:1 There is therefore now no condemnation to them which are in Christ Jesus, who walk not after the flesh, but after the Spirit.

Commentary: Victory starts in Christ. We are not victims of our circumstances; we are conquerors. No matter the trials we face, we can stand in faith, knowing that God has already given us victory through Jesus.

QUESTIONS:
What does it mean to be "more than a conqueror"?
How does knowing that God has already won the victory change your mindset?
What areas of your life do you need to apply this truth to?

Prayer: Father, thank You for calling me more than a conqueror. Help me walk in the victory You have already given me. Strengthen my faith to overcome every challenge with confidence in You. Amen.



RENEWING YOUR MIND

Scripture: Romans 12:2 – "Do not conform to the pattern of this world but be transformed by the renewing of your mind."

Commentary: A victorious mindset requires a transformed mind. We must let go of negative thinking and replace it with God's truth. The world may tell us we are weak, but God's Word declares we are strong and victorious.

QUESTIONS:	
What worldly patterns do you need to unlearn?	
How can you actively renew your mind with God's Word?	
What negative thoughts do you need to replace with biblical truths?	
What negative thoughts do you need to replace with biblical truths?	

PRAYER: Lord, transform my mind. Help me reject negative thinking and align my thoughts with Your truth. I choose to meditate on Your Word and believe in Your promises. Amen.

SPEAKING LIFE

Scripture: Proverbs 18:21 – "The tongue has the power of life and death, and those who love it will eat its fruit."

Commentary: The words we speak shape our reality. If we speak defeat, we live in defeat. If we speak faith, we walk in victory. Declaring God's promises over our lives shifts our mindset and circumstances.

QUESTIONS: What words have you spoken recently that reflect faith? What about doubt?	
How can you change your speech to align with victory?	
What declarations can you make over your life today?	

PRAYER: Father, help me speak words of life, not death. Let my words align with Your promises, bringing hope, faith, and victory into my life. Amen.



FAITH OVER FEAR

Scripture: 2 Timothy 1:7 – "For God has not given us a spirit of fear, but of power and of love and of a sound mind."

Commentary: Fear is a tool of the enemy to keep us from living victoriously. But God has given us power, love, and a sound mind. When fear arises, we must remind ourselves of His strength in us.

QUESTIONS:

1. What fears are holding you back from stepping into victory?	
2. How can you replace fear with faith in God's power?	
3. What scriptures can you meditate on to overcome fear?	

PRAYER: Lord, I reject fear and embrace the power, love, and sound mind You have given me. Strengthen my faith and help me trust You completely. Amen.



GUARDING YOUR THOUGHTS

Scripture: 2 Corinthians 10:5 – "We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ."

Commentary: Thoughts shape our reality. If we entertain negative, self-defeating thoughts, we lose sight of victory. We must intentionally capture and replace any thoughts that do not align with God's truth.

QUESTIONS:	
What thoughts do you struggle with that go against God's truth?	
How can you take your thoughts captive daily?	
What biblical affirmations can help reframe your mindset?	

PRAYER: Father, help me take every thought captive and align it with Your Word. I choose to think victoriously and reject anything that opposes Your truth. Amen.



STRENGTH IN CHRIST

Scripture: Philippians 4:13 – "I can do all things through Christ who strengthens me."

Commentary: Our strength comes not from our own ability but from Christ. No challenge is too great when we rely on Him. When we feel weak, His strength sustains us.

QUESTIONS:
In what areas do you need Christ's strength the most?
How can you rely on God's strength instead of your own?
What past victories remind you of God's strength in your life?

PRAYER: Lord, I lean on Your strength. Remind me that I can do all things through You. Strengthen me for every challenge ahead. Amen.



LIVING IN VICTORY

Scripture: 1 John 5:4- "For everyone born of God overcomes the world. This is the victory that has overcome the world, even our faith."

Commentary: Victory is not a one-time event; it is a lifestyle. As believers, we live in victory because we belong to Christ. Faith is the key to overcoming daily challenges.

QUESTIONS:

1	1.	What does it mean to live in victory daily?
	2.	How can faith help you overcome the world's challenges?
	3.	What steps can you take to walk in victory each day?

PRAYER: Father, I declare that I am an overcomer through faith in You. Help me walk in victory daily, trusting in Your promises. Amen.

VICTORIOUS WEEK 2: Overo Focus: Spiritual Warfare & Tru	_



THE BATTLE IS THE LORD'S

Scripture: 2 Chronicles 20:15 – "Do not be afraid or discouraged because of this vast army. For the battle is not yours, but God's."

Commentary: When we face challenges, it's easy to feel overwhelmed. But we must remember that God fights for us. Trusting in His strength rather than our own brings peace and victory.

QUESTIONS:	
What battles are you trying to fight on your own?	
How can you surrender your struggles to God?	
What steps can you take to trust God's power more fully?	

PRAYER: Lord, I give my battles to You. Help me trust that You are fighting for me and that victory belongs to You. Amen.



TRUSTING GOD'S PLAN

Scripture: Proverbs 3:5-6 – "Trust in the Lord with all your heart and lean not on your own understanding; in all your ways submit to him, and he will make your paths straight."

Commentary: Trusting God's plan means surrendering our own desires and fears. When we put our faith in Him, He directs our steps and ensures we walk in victory.

QUESTIONS:

1.	What areas of your life do you struggle to trust God with?
2.	How can you lean on God instead of your own understanding?
3.	What are practical ways to submit to God's plan daily?

PRAYER: Father, help me trust in Your plan and not my own understanding. Lead me and guide me on the path You have for me. Amen.



GOD'S STRENGTH IN WEAKNESS

Scripture: 2 Corinthians 12:9 – "But he said to me, 'My grace is sufficient for you, for my power is made perfect in weakness."

Commentary: Our weakness is an opportunity for God to show His power. Instead of feeling discouraged, we should lean into His strength and grace.

QUESTIONS:

1.	In what areas do you feel weak or inadequate?
2.	How can you rely on God's grace instead of your own strength?
3.	What victories have you experienced when trusting God's strength?

PRAYER: Lord, in my weakness, Your strength is made perfect. I rely on You completely. Strengthen me and uphold me. Amen.

Breaking strongholds

Scripture: 2 Corinthians 10:4 – "The weapons we fight with are not the weapons of the world. On the contrary, they have divine power to demolish strongholds."

Commentary: Strongholds are mindsets, habits, or fears that keep us from victory. Through faith, prayer, and God's Word, we have the power to break free from anything holding us back.

QUESTIONS:

1.	What strongholds in your life need to be broken?
2.	How can you use God's Word to demolish these strongholds?
3.	What steps will you take to walk in freedom?

PRAYER: Father, I declare victory over every stronghold in my life. I use the power of Your Word to demolish every barrier keeping me from Your purpose. Amen.



QUESTIONS:

OVERCOMING FEAR WITH FAITH

3. What scriptures can you memorize to replace fear with faith?

Scripture: Isaiah 41:10 – "So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand."

Commentary: Fear is defeated when we trust in God's presence and promises. He is with us, strengthening us every step of the way.

1.	What fears are currently holding you back?
2.	How can you remind yourself of God's presence daily?

PRAYER: Lord, I choose faith over fear. I trust that You are with me, strengthening me and guiding my steps. Amen.

WALKING IN BOLDNESS

Scripture: Joshua 1:9 – "Have I not commanded you? Be strong and courageous. Do not be afraid; do not be discouraged, for the Lord your God will be with you wherever you go."

Commentary: Boldness comes from knowing that God is with us. When we trust in His presence, we can walk forward with courage and confidence.

QUESTIONS:

1.	What areas of your life require more boldness?
2.	How can you rely on God's strength to step out in faith?
3.	What actions will you take today to walk in courage?

PRAYER: Lord, I choose to walk in boldness, knowing that You are with me. Strengthen my faith and help me step forward without fear. Amen.



VICTORY THROUGH WORSHIP

Scripture: Psalm 149:6 – "May the praise of God be in their mouths and a double-edged sword in their hands."

Commentary: Worship is a weapon of victory. When we praise God in the midst of our battles, we shift our focus from problems to His power.

QUESTIONS:

1.	How can worship change your perspective in difficult times?
2.	What are some ways you can incorporate more worship into your daily life?
3.	How does worship strengthen your faith?

PRAYER: Father, I choose to worship You in every circumstance. Let my praise be a weapon that brings victory in my life. Amen.

VICTORIOUS WEEK 3: Strengthening Your Spirit

Focus: Prayer, Word, & Worship



THE POWER OF PRAYER

Scripture: James 5:16 – "The prayer of a righteous person is powerful and effective."

Commentary: Prayer is not just a routine; it is our direct connection to God. When we pray in faith, we invite God's power into our lives and circumstances.

QUESTIONS:

1.	How can you make prayer a priority in your daily routine?
2.	What prayers have you seen God answer in your life?
3.	How does prayer strengthen your spirit?

PRAYER: Lord, teach me to pray with faith and expectation. Help me make prayer a priority, knowing that it brings power and transformation. Amen.



MEDITATING ON GOD'S WORD

Scripture: Psalm 1:2 – "But whose delight is in the law of the Lord, and who meditates on his law day and night."

Commentary: Meditating on God's Word renews our minds and builds our faith. When we consistently feed our spirits with Scripture, we become spiritually strong and equipped for victory.

QUESTIONS:

How can you incorporate more time for God's Word in your daily life?
What scriptures have encouraged you in difficult times?
How does meditating on the Word transform your mindset?

PRAYER: Father, help me delight in Your Word and meditate on it daily. Let it strengthen my faith and guide my path. Amen.

THE POWER OF PRAISE

Scripture: Psalm 22:3 – "Yet you are holy, enthroned on the praises of Israel."

Commentary: Praise invites God's presence and shifts our focus from problems to His power. When we worship, we declare God's greatness over every situation.

QUESTIONS:

1.	How has worship helped you through challenges?
2.	What are some practical ways to cultivate a lifestyle of praise?
3.	How can praise change your perspective during trials?

PRAYER: Lord, I choose to praise You in every season. Let my worship bring me into Your presence and strengthen my faith. Amen.

FASTING FOR SPIRITUAL GROWTH

Scripture: Matthew 6:16-18 – "When you fast, do not look somber as the hypocrites do... But when you fast, put oil on your head and wash your face."

Commentary: Fasting strengthens our spirit by helping us focus on God rather than distractions. It is a way to grow deeper in our faith and dependence on Him.

QUESTIONS:

1.	Have you ever fasted before? What was your experience?
2.	How can fasting help you grow spiritually?
3.	What is one way you can incorporate fasting into your spiritual life?

PRAYER: Father, teach me the power of fasting and help me use it as a tool to draw closer to You. Amen.



STRENGTH IN THE HOLY SPIRIT

Scripture: Acts 1:8 – "But you will receive power when the Holy Spirit comes on you."

Commentary: The Holy Spirit empowers us to live victoriously. When we rely on His strength, we can overcome obstacles and live out God's purpose.

QUESTIONS:

1.	How has the Holy Spirit strengthened you in times of weakness?
2.	What areas of your life need more reliance on the Holy Spirit?
3.	How can you be more sensitive to the Holy Spirit's leading?

PRAYER: Holy Spirit, fill me with Your power. Guide me daily and strengthen me for the journey ahead. Amen.



WALKING IN THE SPIRIT

Scripture: Galatians 5:16 – "So I say, walk by the Spirit, and you will not gratify the desires of the flesh."

Commentary: Living by the Spirit means aligning our thoughts, actions, and desires with God's will. It keeps us on the path of victory.

QUESTIONS:

1.	What does it mean to walk by the Spirit in your daily life?
2.	How can you recognize when you are being led by the Holy Spirit?
3.	What are some practical ways to grow in your spiritual walk?

PRAYER: Lord, help me walk in the Spirit daily. Keep me aligned with Your will and strengthen me in obedience. Amen.

THE ARMOR OF GOD

Scripture: Ephesians 6:11 – "Put on the full armor of God, so that you can take your stand against the devil's schemes."

Commentary: The armor of God is our spiritual protection. By staying equipped with truth, faith, righteousness, and God's Word, we can stand firm against any attack.

QUESTIONS:

Which part of the armor of God do you need to strengthen?
How can you apply the armor of God daily?
What battles have you faced where God's armor protected you?

PRAYER: Lord, I put on Your full armor today. Strengthen me with Your truth, faith, and righteousness. Help me stand firm in victory. Amen.

VICTORIOUS WEEK 4: Walking in Daily Victory

Focus: Applying Biblical Principles



LIVING BY FAITH

Scripture: 2 Corinthians 5:7 – "For we live by faith, not by sight."

Commentary: Walking in victory requires living by faith, trusting in God's

promises even when circumstances seem uncertain.

QUESTIONS:

1.	What areas of your life require more faith?
2.	How can you practice living by faith daily?
3.	What are some examples in the Bible of people who lived by faith?

PRAYER: Lord, help me to walk by faith and not by sight. Teach me to trust in Your promises, no matter what I face. Amen.



VICTORY OVER SIN

Scripture: Romans 6:14 – "For sin shall no longer be your master, because you are not under the law, but under grace."

Commentary: Through Christ, we have power over sin. By relying on God's grace, we can resist temptation and walk in righteousness.

QUESTIONS:

1.	What struggles do you need victory over?
2.	How can God's grace empower you to overcome sin?
3.	What steps can you take to live a holy life?

PRAYER: Father, thank You for Your grace that sets me free from sin. Strengthen me to walk in righteousness each day. Amen.

WALKING IN LOVE

Scripture: John 13:34 – "A new command I give you: Love one another. As I have loved you, so you must love one another."

Commentary: Love is the mark of a victorious believer. When we love others as Christ loves us, we reflect His victory in our daily lives.

QUESTIONS:

1.	How can you show love to others in practical ways?
2.	What obstacles keep you from loving others as Christ loves?
3.	How does walking in love bring victory in relationships?

PRAYER: Lord, help me to walk in love every day. Teach me to love others with the same love You have shown me. Amen.

THE POWER OF GRATITUDE

Scripture: 1 Thessalonians 5:18 – "Give thanks in all circumstances; for this is God's will for you in Christ Jesus."

Commentary: Gratitude shifts our focus from problems to God's faithfulness. A heart of thanksgiving leads to joy and victory.

QUESTIONS:

1.	How can you cultivate a habit of gratitude?
	What are some this are considered for to do. O
2.	What are some things you are thankful for today?
3.	How does gratitude impact your mindset and spiritual walk?

PRAYER: Father, I thank You for all You have done. Help me to maintain a heart of gratitude in every situation. Amen.



SERVING OTHERS IN VICTORY

Scripture: Mark 10:45 – "For even the Son of Man did not come to be served, but to serve, and to give his life as a ransom for many."

Commentary: A victorious life is one that serves others. When we give of ourselves, we reflect Christ's love and purpose.

\cap	IEST	ıe.
QU		J .

1.	How can you serve others with a joyful heart?
2.	What are some ways serving others brings victory to your life?
3.	How did Jesus model servanthood for us?

PRAYER: Lord, help me to serve others as You have served me. Give me a heart of humility and love. Amen.



VICTORY THROUGH OBEDIENCE

Scripture: Deuteronomy 28:1 – "If you fully obey the Lord your God and carefully follow all his commands I give you today, the Lord your God will set you high above all the nations on earth."

Commentary: Obedience to God's Word brings blessings and victory. Aligning our lives with His will leads to true success.

QUESTIONS:

1.	What areas of your life need greater obedience to God?
2.	How does obedience bring spiritual victory?
3.	What promises does God give to those who obey Him?

PRAYER: Father, help me to walk in obedience. Let my life be a testimony of Your faithfulness. Amen.

LIVING WITH PURPOSE

Scripture: Jeremiah 29:11 – "For I know the plans I have for you, declares the Lord, plans to prosper you and not to harm you, plans to give you hope and a future."

Commentary: A victorious life is one lived with purpose. God has a specific plan for each of us, and when we align with His purpose, we experience true fulfillment.

QUESTIONS:

1.	What do you feel God is calling you to do?
2.	How can you align your life with God's purpose?
3.	What steps can you take today to walk in your purpose?

PRAYER: Lord, help me to fulfill the purpose You have for my life. Guide me and direct my steps. Amen.



LIVING IN GOD'S PEACE

Scripture: John 14:27 – "Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid."

Commentary: Peace is a sign of victory in Christ. No matter what happens around us, we can walk in the perfect peace of God.

QUESTIONS:

1.	What areas of your life need God's peace?
2.	How can you rest in God's peace daily?
3.	How does peace strengthen your faith and victory mindset?

PRAYER: Father, I receive Your peace. Help me to trust in You and not be afraid. Amen.

FINISHING STRONG

Scripture: 2 Timothy 4:7 – "I have fought the good fight, I have finished the race, I have kept the faith."

Commentary: A victorious mindset means staying faithful to the end. Perseverance in faith leads to the ultimate reward.

QUESTIONS:

1.	How can you stay committed to your spiritual journey?
2.	What has helped you remain steadfast in your faith?
3.	What does finishing strong mean to you?

PRAYER: Lord, help me to finish my race with faithfulness and strength. Keep me steadfast in my journey with You. Amen.

A LIFE OF VICTORY

Scripture: 1 Corinthians 15:57 – "But thanks be to God! He gives us the victory through our Lord Jesus Christ."

Commentary: Victory in Christ is not just for a season—it is a lifelong journey. We are victorious because He has already won the battle for us.

QUESTIONS:

1.	How has this 31-day journey strengthened your faith?
2.	What are the biggest lessons you've learned?
3.	How can you continue walking in victory every day?

PRAYER: Thank You, Lord, for the victory I have in You. Help me to live a victorious life every day. Amen.



VICTORIOUS WEEK 1: Faith & Identity in Christ

Scripture Focus: Romans 8:37, 2 Corinthians 5:17

DISCUSSION POINTS:

What does it mean to have a victorious mindset in Christ?
How does understanding our identity in Christ shape our faith?
How can we actively renew our minds to walk in victory?

REFLECTION ACTIVITY:

Write down areas where you struggle with identity and replace them with scriptural affirmations.

PRAYER FOCUS:

Thank God for victory in Christ and ask for a deeper revelation of your identity in Him.



VICTORIOUS WEEK 2: Overcoming obstacles & fear

Scripture Focus: 2 Timothy 1:7, 2 Chronicles 20:15

DISCUSSION POINTS:

What are some common fears that keep believers from living victoriously?
How can we trust God to fight our battles?
What steps can we take to replace fear with faith?

REFLECTION ACTIVITY:

Identify a current obstacle and pray for God's guidance in overcoming it.

PRAYER FOCUS:

Ask God for courage and strength to walk in faith instead of fear.

VICTORIOUS WEEK 3: Strengthening Your Spirit

Scripture Focus: James 5:16, Psalm 1:2, Acts 1:8

DISCUSSION POINTS:

1.	How does prayer, the Word, and worship strengthen our spirit?
2.	How can we develop a lifestyle of spiritual discipline?
3.	What role does the Holy Spirit play in empowering us for victory?

REFLECTION ACTIVITY:

Spend time meditating on a scripture that encourages spiritual strength and write down insights.

PRAYER FOCUS:

Ask for a greater hunger for prayer, the Word, and the presence of God.



VICTORIOUS WEEK 4: Walking in Daily Victory

Scripture Focus: 2 Corinthians 5:7, Romans 6:14, John 14:27

DISCUSSION POINTS:

1.	What does it mean to live out victory daily?
2.	How can gratitude, love, and obedience strengthen our walk?
3.	What are practical ways to maintain a victorious mindset?
-	

REFLECTION ACTIVITY:

Make a list of daily habits that reinforce victory in Christ.

PRAYER FOCUS:

Ask for wisdom and strength to apply biblical principles daily.